

## Person Centred Planning in Heritage Care



### What is Person Centred Planning?

Person Centred Planning starts with what the person wants rather than what others think or what services are available. Person Centred Planning helps us understand what is important to the person. It also lets others know what we need to do to support the person. Person Centred Planning increases opportunities, building friendships and relationships, enabling people to be part of everyday community life. Person Centred Planning is about listening and ongoing learning. It is about helping people to do things, take control over their lives as much as possible, building relationships and networks having a valued place among people and valued roles within the community.

Person Centred Approaches are ways in which we make sure we do a good job of listening to what people really want and we then support people to achieve this.

### What has Heritage Care been doing?

- A Framework for Person Centred Planning was developed in 2006 and has remained a central part of our Learning Disability services ever since. We make sure that all people with a learning disability get the chance to have a Person Centred Plan, if they want one.
- We have developed a breadth and depth strategy for Person Centred Planning to meet the needs of local services. This means that we aim to provide training for all our staff, people who use our services and families.
- We offer people we support the opportunity to develop their person centred plan using a visual/ graphical online system called iPlanet.
- Person Centred Planning is a mandatory part of all staff induction programmes
- Action Plans are developed in local areas to meet the needs of the people we provide services for.
- We are continuing to look at creative ways to ensure that people have accessible information.

For further information on Person Centred Planning and Person Centred Approaches in Heritage care please contact Pauline Grainger, Person Centred Planning Coordinator by email [pauline.grainger@heritagecare.co.uk](mailto:pauline.grainger@heritagecare.co.uk)